

May 2012 Event Sponsors

We are grateful to the following for sponsoring the training and celebration of Validation: Country Meadows Retirement Communities, Pennsylvania • Volunteers of America National Services • Brookside Wellsville, Scott Averill of Kansas • arrangeCare pc: Leah Cohen and Paula Mixson of Texas.



Workshop Agenda

8:30 - 9:00
Registration

9:00 - 10:30

- Role play: The four stages in the Resolution vs. Vegetation stage
- Characteristics of Phase 1 Malorientation
- Film/video: *Age-Specific Behavior Principles of Validation*
- Exercise: Validation Techniques
- Film/video: *Looking for Yesterday*

10:30 - 10:45 Break

10:45 - 12:30

- Characteristics of Phase 2 Time Confusion
- Why you don't lie: Validation principle

12:30 - 1:15 Lunch provided

1:15 - 3:00

- Film/video: Communicating with Alzheimer-type Populations
- Verbal Validation Techniques: Role Play
- "Preferred Sense" and "Polarity"
- Erikson's life stage theory

3:00 - 3:15 Break

3:15 - 4:00

- Non-verbal Validation Techniques for Phase 2 Time Confusion, Phase 3 Repetitive Motion, and Phase 4 Vegetation
- Touch

4:00 - 5:00 Panel: Establishing Validation in Senior Care Facilities



80th Birthday Gala

May 4, 2012
1:00 - 5:00 p.m.
with dinner

The North American Validation Association (NAVA) also is hosting a gala celebrating Naomi Feil's 80th birthday at the Eagan Community Center. It's set for the day after the workshop.

Naomi has had a global impact; there are Authorized Validation Organizations in Austria, Belgium, France, Germany, Italy, Japan, Switzerland, Sweden, as well as three in the United States: Country Meadows, PA; Volunteers of America, AZ, CO, and MN, and Sunrise Senior Living, VA.

During this event, we'll connect with Validation teachers and workers throughout the world via teleconference.

Please join the celebration! You may register for both the workshop and the Gala online.



Validation
The Feil Method

Breaking Through the Barrier of Dementia

A workshop for caregivers and families of persons with dementia with

with **Naomi Feil**

Internationally acclaimed speaker

May 3, 2012

8:30 a.m. - 5:00 p.m.
Eagan Community Center
1501 Central Parkway
Eagan, MN 55121

Also planned:

May 4, 2012

Naomi's 80th Birthday Gala
an international event
1:00 - 5:00 p.m.
Eagan Community Center

Hosted by the
North American Validation Association

2012 Validation Seminar and Gala Celebration Eagan, Minnesota

Online Registration begins January 2nd.

To register, go online: <http://navaevents.eventbrite.com>. We'll follow up with confirmation information and other materials.

Early registration by Mar 15 Workshop \$79 Gala \$69 Both \$135

Registration after Mar 15 Workshop \$90 Gala \$85 Both \$150

Registration deadline: April 27, 2012

Mail-in registrations begin January 2nd (online registrations preferred)

Name _____ Phone _____

Organization _____

Address _____

City _____ State _____ Zip code _____ Country _____

I'm registering for the _____ Workshop _____ the birthday _____ both

Please make checks payable to **NAVA**. Send check and registration form to:
Box 50825, Mendota, MN 55150

For more information, contact Dave Nilson, Volunteers of America, 763-971-6326,
dnilson@voa.org, or Rosemary Golias, 651-452-3161, rosemaryg@usinternet.com.

Contact Best Western Dakota Ridge 651-452-0100 about overnight accommodations.

May 3 workshop objectives

1. List the physical, social and psychological characteristics that lead to change in very old age.
2. Experience an awareness of yourself and others.
3. Differentiate the phases of disorientation in older people.
4. Identify specific Validation helping techniques.
5. Formulate ways of preventing burnout and ways of reaching a wise old age.
6. Describe several approaches that have been used to establish Validation in senior care facilities.

Continuing Education Credits

CEUs will be available for nursing home administrators (13-001), RNs, LPNs, CNAs, and social service employees.

This Live activity, Validation: the Feil Method - breaking through the barrier of dementia, with a beginning date of 5/3/2012 has been reviewed and is acceptable for up to **6.75 Prescribed credit(s) by the American Academy of Family Physicians**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Who is Naomi Feil?

Naomi Feil, M.S., A.C.S.W. is the developer of Validation. After graduation with a Master's in social work from Columbia University, she began working with the elderly. Between 1963 and 1980, Naomi developed Validation as a response to her dissatisfaction with traditional methods of working with severely disoriented old-old people.

Who is this workshop for?

This workshop is intended for physicians, physician assistants, nurse practitioners, nurses, nursing assistants, social workers, activity professionals, therapists, clergy and family members who want to learn how to communicate with disoriented "old-old" people using these proven methods.

What is Validation?

Validation is a tested model of practice for both professionals and caregivers who work with confused older adults. The Validation worker tunes into the person's inner world, helping him or her restore the past. Validation helps disoriented people by reducing stress, enhancing dignity, and increasing happiness.