

Training in Validation The Feil Method...

Some reasons this course might be for you:

You are committed to learning effective ways of communicating with the elderly with dementia.

You notice people are different in their dementia and you want to expand your ability to connect with them in their unique expressions.

You want to learn how to connect with the elderly with dementia who no longer speak.

You have concern for the families of those you care for and want to support them in connecting with their loved ones.

You would welcome learning in a community of people who both support and challenge you.

And lastly, you have experienced Naomi Feil in person, in her books or in her videos, and you ask yourself: What do I need to learn so I can do what she does?

About Naomi Feil: Naomi Feil, M.S., A.C.S.W. is the developer of Validation. After graduating with a Masters in Social Work from Columbia, she began working with the elderly. Between 1963 and 1980, Naomi developed Validation as a response to her dissatisfaction with traditional methods of working with severely disoriented old-old people. Today there are training centers for Validation in Austria, Belgium, France, German, Japan Switzerland, Sweden and the United States.
vfvalidation.org; memorybridge.org

About the Instructors:

Certified Validation Teachers

**All are certified with Validation
Training Institute, Cleveland, Ohio**

Pre-Release Brochure
Training Event Dates, Times &
Locations To Be Announced



Validation
The Feil Method

Breaking Through the Barrier
of
Dementia

In the Twin Cities:

**Training course
In Validation
The Feil Method**

Fall 2010 to summer 2011
Specific dates to be determined

What is validation? Validation, created by Naomi Feil, is a tested method of communication, with elderly disoriented people that helps reduce stress, and enhance dignity and happiness. It is accepting the feelings of another person and reaching out to them with empathy.

Who needs validation? Individuals diagnosed with Alzheimer's and related disorders who are disoriented in the later stages of life.

From this Validation Worker Course you will be able to:

- be a truly empathetic listener for the elderly and anyone in your life
- be non-judgmental and build a trusting relationship with the disoriented elderly-- bringing them peace, connectedness, and an improved quality of life
- identify the four phases of disorientation and the basic human needs experienced by the elderly
- use the Validation techniques at a basic level and as created for each phase of disorientation
- present the basics of Validation— The Feil Method to small groups
- support others in their learning and use of Validation

All sessions are a full day

Location to be determined

Certified Validation Worker Course Requirements to be certified

Attend all 5 blocks, **8-9 wks apart**
Practice validation techniques a minimum of one time a week between blocks

Pass a written and practical test, Block 5

Block One: 2 days

Basic Validation Theory and Beliefs, Stages and Techniques, Erickson's Stages and Stage One: Malorientation. How to begin with Validation. Assignments with Stage One clients

Block Two: 2 days

Stage Two: Time confusion with demonstration and practice. Discussion of experiences. Assignments with Stage Two Clients

Block Three: 2 days

Stage Three: repetitive Motion with demonstration and practice. Discussion of experiences. Assignments with Stage Three Clients.

Block Four: 2 days

Stage Four: Vegetation with demonstration and practice. Discussion of experiences. Assignments with Stage Four Clients.

Block Five: 2 days

Written test and practical demonstration of Individual Validation

Important note: This course is a training course that requires 2-3 hrs per week between blocks to complete assignments. Be certain your manager

and administrator are clear about the time required for this course.

Registration

Name

Address

City

State

Zip

Home phone

Work phone

Email address

Profession

_____ I have read and am clear about the time commitments for this training course.

Registration fee: to be determined

For updates and further information

**Call David Nilson
Volunteers of America
612-616-0357**